



# PORT ISAAC PRACTICE

www.portisaacpractice.co.uk

Christmas 2019

## PORT ISAAC POST



### CHRISTMAS CLOSURE

The surgery will be closed on:

Wednesday 25th December 2019

Thursday 26 December 2019

Wednesday 1st January 2020

If you require **URGENT** medical advice  
please dial

**111**

If you have a medical **EMERGENCY**

please dial

**999**

### Dispensing News

**St Kew Surgery** – the surgery will now be open on a Thursday morning from 1st December for dropping off repeat medication requests and collection of dispensed medication.



**Bridge Medical Centre** – we have a dispensary at the Bridge Medical Centre, we can dispense to you if you live more than 1 mile from a pharmacy, the dispensary is located next to the reception desk.

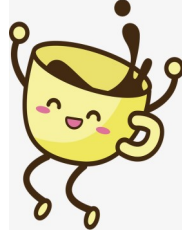
All requests for medication have to be approved by a GP which takes at least 48/72 working hours from the time the request is received (on Friday afternoon, Saturday, Sunday or a Bank Holiday it will not be processed until the next working day). You can order your prescriptions online with Patient Access or the NHS App.

Please do not order extra for Christmas unless you are going on holiday .



**Charity Book Table** In September we started a charity book table at Wadebridge in aid of Concern Wadebridge, so far we have raised over £40—thank you.

If you have any books that are in good conditions please drop them in at our Wadebridge branch.



### Concern Wadebridge

Formerly Wadebridge Concern for the Aged, is a small local independent charity supporting local people who are over 50.

They provide a Community Hub where people can enjoy various activities or just have a cup of tea or coffee and meet friends old and new.

You can find a link to their website on our website or at :

<http://www.concernwadebridge.org.uk>

### SELF CARE

Self care is the best choice to treat very minor illnesses, ailments and injuries. A range of common illnesses and complaints such as coughs, colds, sore throats, upset stomachs and aches and pains can be treated with a well stocked medicine cabinet and plenty of rest.

Follow the link below :

<https://www.kernowccg.nhs.uk/get-info/choose-well/>

**Appointment News:** We are the Port Isaac Practice, our main site is at Hillson Close in Port Isaac—we have branches at Bridge Medical Centre in Wadebridge and St Kew Highway. When you book an appointment it may not always be possible to offer you an appointment at the site of your choice, with this in mind please be prepared to travel to another site or wait for an appointment at the site of your choice.



### PORT ISAAC PRACTICE WEBSITE

Our website has been designed to make it easy for you to gain instant access to the information you need. As well as specific practice details such as opening hours and how to register, you will also find a wealth of useful pages covering a wide range of health issues along with links to other relevant medical organisations. You can also subscribe to receive this newsletter automatically by registering online [www.portisaacpractice.co.uk](http://www.portisaacpractice.co.uk)

